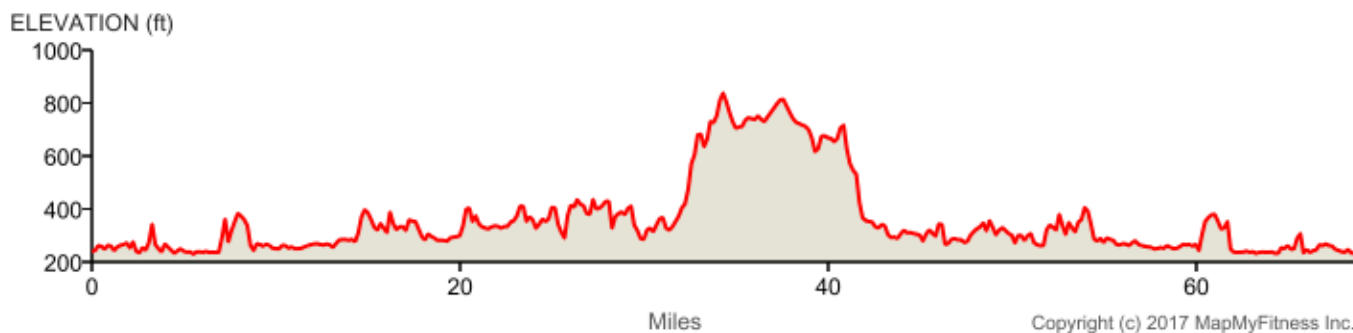
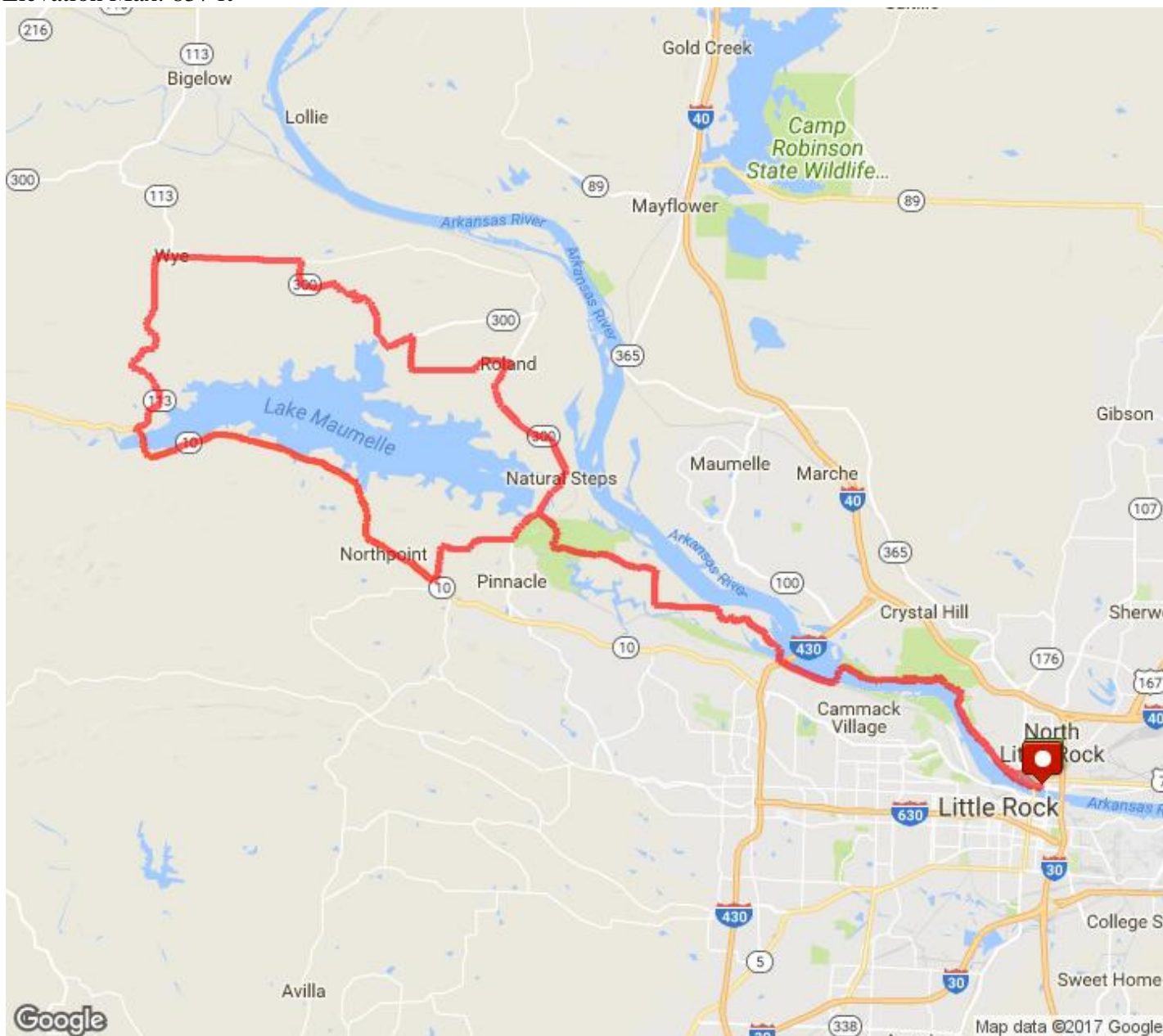


Big Dam Bridge 68 mile Course

Distance: 68.75 mi

Elevation Gain: 3,579 ft

Elevation Max: 837 ft



0.00 mi	Head west on Riverfront Dr toward Willow St
0.67 mi	At the traffic circle take the 3rd exit onto W 3rd St/Rockwater Blvd Destination will be on the right
0.86 mi	Head west on W 3rd St/Rockwater Blvd toward Rockwater Ln
1.53 mi	Head northwest on River Rd toward Paul Duke Dr, Continue onto Arkansas River Trail
3.56 mi	Head northwest on Tournament Drive
4.71 mi	Turn left onto Catfish Road
5.04 mi	Turn left at Goalie Road
5.09 mi	Turn right onto Arkansas River Trail
6.92 mi	Head south on Arkansas River Trail/Big Dam Bridge
7.06 mi	Keep right to continue on Arkansas River Trail
8.57 mi	Take the pedestrian overpass
9.10 mi	Head northwest on Arkansas River Trail/Two Rivers Park Trail toward Two Rivers Park Road
10.29 mi	Turn right onto Two Rivers Park Road
10.36 mi	Head north on Two Rivers Park Road toward County Farm Rd
12.50 mi	Head west on Arkansas River Trail/County Farm Rd toward Pinnacle Valley Rd
12.56 mi	Turn right onto Arkansas River Trail/Pinnacle Valley Rd
13.41 mi	Slight left to stay on Arkansas River Trail/Pinnacle Valley Rd
15.92 mi	Head east on Arkansas River Trail/Pinnacle Valley Rd toward AR 300
16.85 mi	Turn left onto AR-300 E
17.77 mi	Turn right onto Barrett Rd
20.53 mi	Turn right onto AR-10 W
29.96 mi	Sharp right onto AR-113 N
35.65 mi	Keep right to continue on AR-113 N/AR-300 E Continue to follow AR-300 E
43.40 mi	Turn right onto Arkansas River Trail/Roland Cutoff Rd Destination will be on the right
46.32 mi	Head east on Beale St toward AR-300 W
46.68 mi	Turn right onto AR-300 E Head south on AR-300 E
51.57 mi	Turn left onto Arkansas River Trail/Pinnacle Valley Rd
56.06 mi	Turn left onto Arkansas River Trail/County Farm Rd
57.77 mi	Slight left onto Arkansas River Trail/Two Rivers Park Road
58.32 mi	Turn left onto Arkansas River Trail/Two Rivers Park Trail
59.82 mi	Take the pedestrian overpass
62.85 mi	Cross the Big Dam Bridge and continue on the Arkansas River Trail towards Burns Park
64.61 mi	Turn right onto Tournament Drive
65.02 mi	Head east on Arkansas River Trail toward Emerald Park Trail
66.50 mi	Head southeast on River Rd toward Arkansas River Trail
67.85 mi	Turn right to stay on Arkansas River Trail
68.50 mi	Destination