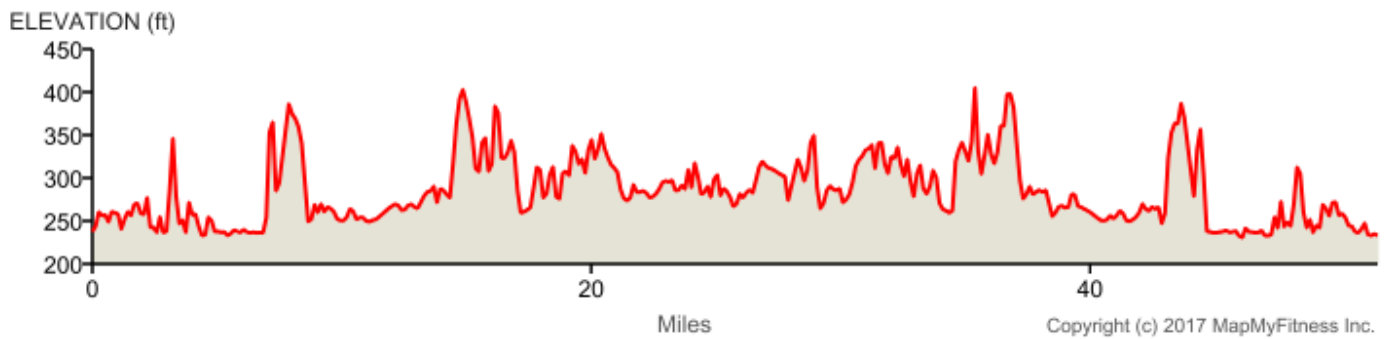
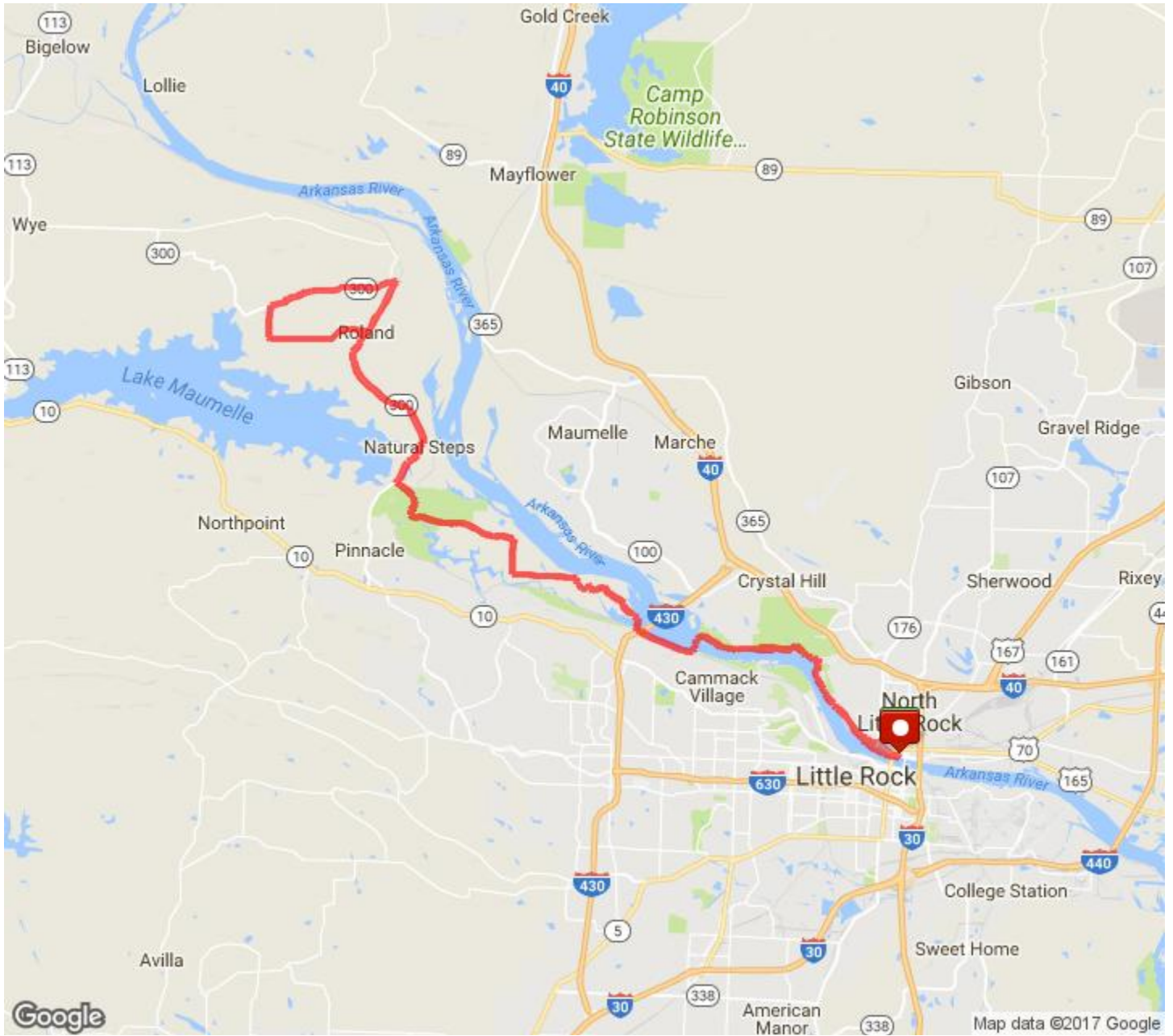


Big Dam Bridge 50 Mile Course

Distance: 51.53 mi

Elevation Gain: 2,173 ft

Elevation Max: 406 ft



0.00 mi	Head west on Riverfront Dr toward Willow St
0.67 mi	At the traffic circle take the 3rd exit onto W 3rd St/Rockwater Blvd Destination will be on the right
0.86 mi	Head west on W 3rd St/Rockwater Blvd toward Rockwater Ln
1.53 mi	Head northwest on River Rd toward Paul Duke Dr, Continue onto Arkansas River Trail
3.56 mi	Head northwest on Tournament Drive
4.71 mi	Turn left onto Catfish Road
5.04 mi	Turn left at Goalie Road
5.09 mi	Turn right onto Arkansas River Trail
6.92 mi	Head south on Arkansas River Trail/Big Dam Bridge
7.06 mi	Keep right to continue on Arkansas River Trail
8.57 mi	Take the pedestrian overpass
9.10 mi	Head northwest on Arkansas River Trail/Two Rivers Park Trail toward Two Rivers Park Road
10.29 mi	Turn right onto Two Rivers Park Road
10.36 mi	Head north on Two Rivers Park Road toward County Farm Rd
12.50 mi	Head west on Arkansas River Trail/County Farm Rd toward Pinnacle Valley Rd
12.56 mi	Turn right onto Arkansas River Trail/Pinnacle Valley Rd
13.41 mi	Slight left to stay on Arkansas River Trail/Pinnacle Valley Rd
15.92 mi	Head east on Arkansas River Trail/Pinnacle Valley Rd toward AR 300
17.00 mi	Turn right onto AR-300 W
23.42 mi	Head southwest on AR-300 W toward Kennerly Cemetery Rd
26.38 mi	Turn left onto Arkansas River Trail/Roland Cutoff Rd Destination will be on the left
29.59 mi	Continue onto Beale St toward AR-300 W
29.66 mi	Turn right onto AR-300 E and continue towards Pinnacle Valley Rd
34.54 mi	Turn left onto Arkansas River Trail/Pinnacle Valley Rd
39.03 mi	Turn left onto Arkansas River Trail/County Farm Rd
41.11 mi	Slight left onto Arkansas River Trail/Two Rivers Park Road toward Arkansas River Trail/Two Rivers Park Trail and take the pedestrian overpass
44.26 mi	Cross the Big Dam Bridge
45.85 mi	Head east on Arkansas River Trail
47.59 mi	Turn right onto Tournament Drive
48.64 mi	Head east on Arkansas River Trail toward Emerald Park Trail
50.06 mi	Continue onto River Rd
50.41 mi	Continue onto Arkansas River Trail
51.48 mi	Destination