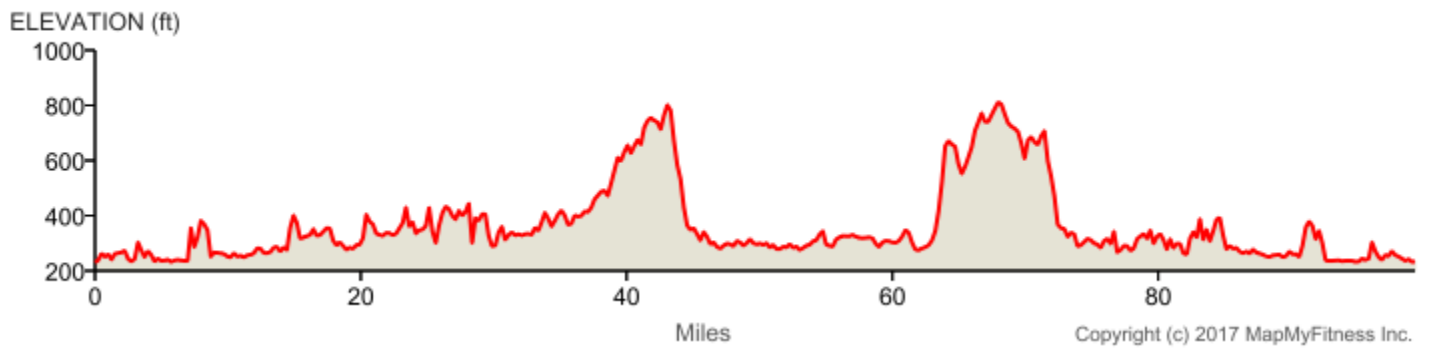
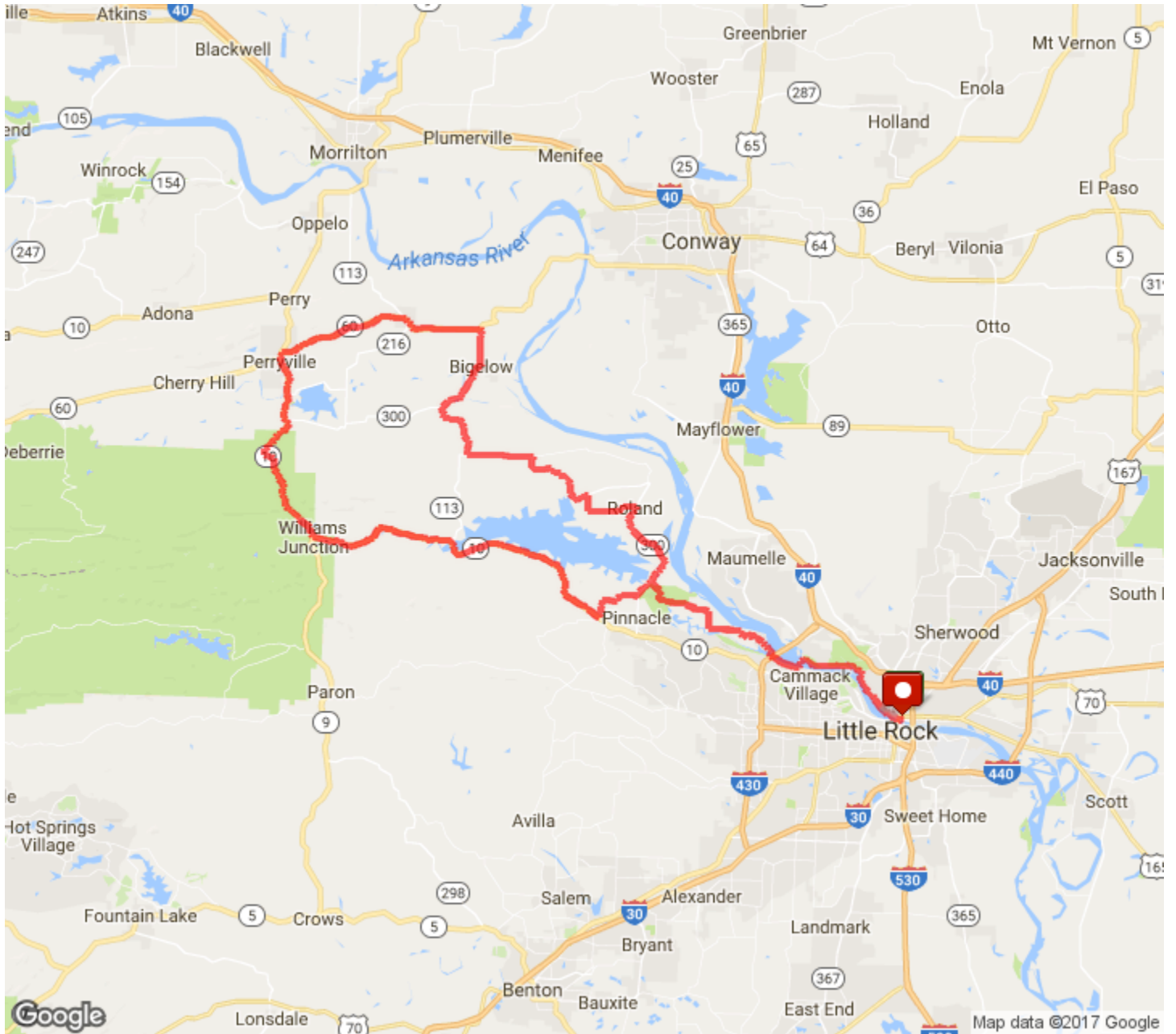


# Big Dam Bridge 100 mile Course

Distance: 99.32 mi

Elevation Gain: 4,765 ft

Elevation Max: 818 ft



0.00 mi	Head west on Riverfront Dr toward Willow St
0.67 mi	At the traffic circle take the 3rd exit onto W 3rd St/Rockwater Blvd Destination will be on the right
0.86 mi	Head west on W 3rd St/Rockwater Blvd toward Rockwater Ln
1.53 mi	Head northwest on River Rd toward Paul Duke Dr, Continue onto Arkansas River Trail
3.56 mi	Head northwest on Tournament Drive
4.71 mi	Turn left onto Catfish Road
5.04 mi	Turn left at Goalie Road
5.09 mi	Turn right onto Arkansas River Trail
6.92 mi	Head south on Arkansas River Trail/Big Dam Bridge
7.06 mi	Keep right to continue on Arkansas River Trail
8.57 mi	Take the pedestrian overpass
9.10 mi	Head northwest on Arkansas River Trail/Two Rivers Park Trail toward Two Rivers Park Road
10.29 mi	Turn right onto Two Rivers Park Road
10.36 mi	Head north on Two Rivers Park Road toward County Farm Rd
12.50 mi	Head west on Arkansas River Trail/County Farm Rd toward Pinnacle Valley Rd
12.56 mi	Turn right onto Arkansas River Trail/Pinnacle Valley Rd
13.41 mi	Slight left to stay on Arkansas River Trail/Pinnacle Valley Rd
15.92 mi	Head east on Arkansas River Trail/Pinnacle Valley Rd toward AR 300
16.85 mi	Turn left onto AR-300 E
17.77 mi	Turn right onto Barrett Rd
20.53 mi	Turn right onto AR-10 W
30.22 mi	Head west on AR-10 W toward Perryville
41.46 mi	Head north on AR-10 W/AR-9 N toward Perryville
47.98 mi	Turn right onto AR-60 E/Houston Ave and continue on AR-60 E/AR-113 S
58.29 mi	Turn right onto AR-113 S
60.09 mi	Follow AR-113 S/Arkansas River Trail/Holden Continue to follow AR-113 S/Arkansas River Trail
64.26 mi	Head east on AR-113 S/AR-300 E toward Baylor House Rd Continue to follow AR-300 E
69.38 mi	Turn right to stay on AR-300 E
73.95 mi	Turn right onto Arkansas River Trail/Roland Cutoff Rd
77.16 mi	Continue onto Beale St toward AR-300 W
77.23 mi	Turn right onto AR-300 E and continue towards Pinnacle Valley Rd
82.11 mi	Turn left onto Arkansas River Trail/Pinnacle Valley Rd
86.60 mi	Turn left onto Arkansas River Trail/County Farm Rd
88.31 mi	Slight left onto Arkansas River Trail/Two Rivers Park Road
88.86 mi	Turn left onto Arkansas River Trail/Two Rivers Park Trail
90.36 mi	Take the pedestrian overpass
90.74 mi	Head southeast on Arkansas River Trail
91.82 mi	Cross the Big Dam Bridge
92.81 mi	stay on Arkansas River Trail towards Burns Park to Tournament Drive
95.15 mi	Turn right onto Tournament Drive
95.44 mi	Head southeast on Arkansas River Trail
96.85 mi	Continue onto River Rd
98.20 mi	Turn right to stay on Arkansas River Trail
98.86 mi	Destination